

**STUDY GUIDE**

**Chapter 1 - INTRODUCTION TO PSYCHOLOGY**  
**PAGES 12-28 and 42-43 ONLY**

1. Explain the definition of psychology
2. Differentiate between the "ABC's" of psychology
3. Identify and give examples of the four goals of psychology
4. Outline two reasons why it is important to study psychology
5. Outline the historical roots of psychology
6. Explain why psychology is considered a science
7. Identify the "father of psychology"
8. Explain the difference between overt and covert behavior
9. Explain the difference between basic and applied research
10. Describe and give examples of the five major perspectives in modern psychology (Table 1-2, p23)
11. Differentiate between a psychologist and a psychiatrist
12. Differentiate between the following types of psychologists: social, personality, developmental, cognitive, learning, comparative, gender
13. Explain the concepts of critical thinking in psychology (p42-43)