



GLENDALE COMMUNITY COLLEGE

EMERGENCY MEDICAL TECHNOLOGY Summary of Patient Assessment

Components of Patient Assessment

1. Scene Size Up
2. Initial Assessment
3. Focused History and Physical Exam
4. Detailed Physical Exam
5. Ongoing Assessment

A Quick Explanation of Each

1. Scene Size Up
 - i. A collection of things to think about or do before touching the patient
2. Initial Assessment
 - i. The ABCs of pt assessment (c-spine as needed)
 - ii. Don't forget the back
 - iii. Transport decision
3. Focused History and Physical Exam
 - i. Physical exam (choice of two)
 1. Focused physical exam
 2. Rapid physical exam
 - ii. Baseline VS
 - iii. SAMPLE history
4. Detailed Physical Exam
 - i. Assess for all remaining (non life threatening) conditions
 - ii. Do not delay transport for priority patients
5. Ongoing Assessment
 - i. Trend patient condition
 1. Repeat Initial Assessment
 2. Repeat VS
 3. Reassess conditions discovered
 4. Recheck interventions

How to Pass Patient Assessment

- Know the skill sheet
- Practice, Practice, Practice
- Do what you say, say what you do
- Reassess often