

Attention Personal Trainers!

Earn Continuing Education Credits to stay certified!



Did you know...

Taking nutrition and fitness courses at Glendale Community College is an easy, inexpensive way to stay certified!

- ACSM:** one 3-credit course = 30 ACSM CECs
- NSCA:** one 3-credit course = 1.5 NSCA CEUs
- ISSA:** one 3-credit course = 6 ISSA CEUs
- ACE:** one 3-credit course = 2 ACE CECs
(all that's needed for the 2-year cycle)
- AFAA:** one 3-credit course = 6 AFAA CEUs
- NASM:** one 3-credit course = 0.3 NASM CEUs

Interested in staying certified, becoming a personal trainer or earning an Associate Degree in Applied Science in Strength, Nutrition and Personal Training?

For a complete listing of GCC nutrition and exercise science courses and to register, go to

My.maricopa.edu

For more information visit www.gccaz.edu/fw or contact Romy Nelson at romy.nelson@gmail.com



GLENDALE COMMUNITY COLLEGE

A Maricopa Community College

GCC main campus

6000 W. Olive Avenue, Glendale, AZ 85302
623.845.3333 • www.gccaz.edu

GCC North campus

5727 W. Happy Valley Road, Phoenix, AZ 85310
623.845.4000 • www.gccaz.edu/gccnorth